

EPSOM & EWELL KARATE CLUB

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NEWSLETTER FEBRUARY 2014

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Dear Students/Parents

I do hope you all had a wonderful Christmas break and I must apologise for the delay in publishing this Newsletter. We must have great sympathy for those caught up in the worst flooding in 300 years. And so it rained for forty nights and forty days, as one book says, but in the UK it rains constantly with venom. So why am I surprised that the "Global Warming" camp are now saying "I told you so" They say this with conviction as though in their poor pathetic human power they can alter or even reverse Global Warming" which in turn will alter climate change. They fail to inform the public that the world has experienced warming and cooling which led to more than one ice age. Humans had NOTHING to do with any previous "Climate Change" and yet now, after being on this planet for less than 1 million years, industrial revolution happening for 200 years ago, suddenly we affect what nature has been doing for 4.5 billion years. Why? Because Governments have to justify increasing taxes on energy and everything "Green". One volcano produces more greenhouse gases than ALL cars in the UK have ever produced. Think about it.

LICENCES

May I remind Parents /Students it is your responsibility to ensure you have a valid licence throughout the period you practice karate. This forms part of your contract with UKASKO and for insurance purposes.

SELF DEFENCE

This year the emphasis is on self defence, students are being taught awareness and a mental attitude to fighting back. Karate techniques are only the tools for fighting.

***"Knowledge is not enough, you must apply"* BRUCE LEE 1970**

To help train mental attitude students have been encouraged to watch the Japanese Tea Ceremony to appreciate the need for mental strength and attention to detail. As I write this newsletter I am informed by the News on the radio that it is "Keep Kids Safe online Day" Since the beginning of the year I have told students and parents that there is more danger online than out on the streets. It is much easier to bully someone over the internet and the psychological trauma is permanent.

BEST STUDENT

Best student of the Month for January was awarded to Lucy Hughs and Romain Chauvin. Lucy has shown consistent contribution to all debates and she was the first student to do her homework by researching the Japanese tea ceremony.

THE WAY OF THE WARRIOR

Students have also been educated about the Samurai Code of Conduct Bushido. I have been surprised how eager children are willing to learn about CULTURE. Last Saturday I performed a task worthy of Bushido. It was 3am I was driving the Limo at the West End when I noticed a man who was visibly drunk. The wind was strong and it blew him over. He fell on his back and cut his head on the pavement. I got out of the vehicle and helped him to sit down outside the steps of the building at St Jame's Square. I called the ambulance and they were busy so I stayed with him as long as I could. My clients called me and I had to drive the limo to pick them up. I gave the man my phone number and asked him to let me know how he got on. This is the text he sent me;

Hi Julius it's Mark the guy you helped after my fall & called the ambulance. I've just left St Thomas's hospital after check over & head glued. Thank you so much for your help I owe you a favour. You're a good man, I have your number so if I need a limo I will call you .Owe you a drink or something mate. Thanks again. Best wishes Mark.

THANKS

I wish to thank all those who send me best wishes following the passing of my Dad, too many to name. A special thanks to Sensei Gordon Anderson, UKASKO Publicity Officer and dear friend, who called my house twice to convey his condolences.

WORDS OF WISDOM

The ultimate measure of a man is not where he stands in moments of comfort and convenience but where he stands in times of challenge and controversy.

MARTIN LUTHER KING 1965

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